# FAMILY COMMUNITY IMPACT

\* An OhioGuidestone Initiative

#### **MEDIA KIT**



## The Institute

BUILDING RESILIENCY THROUGH RESEARCH, CLINICAL TRAINING, INNOVATION, AND ADVOCACY

## **About The Institute**

The Institute of Family & Community Impact is OhioGuidestone's center of excellence for research, clinical training and innovation, and advocacy. The Institute was born out of OhioGuidestone's strategic plans for growing our innovation in 2017. OhioGuidestone is one of the largest social services agency in Ohio, and together we focus on improving the lives of children, adults, and families by empowering them to build nurturing, healthy, and resilient communities that **thrive**.



The Institute has a motivation to advocate for the enhancement and empowerment of communities and individuals across the lifespan through innovation, research and evaluation, and professional training and development.



We envision science and evidence-driven decision making by people, programs and policy makers that contribute to communities full of resilient and healthy children, families and adults with limited adversity and abundant positive and benevolent experiences.

We spread OhioGuidestone's impact on whole-person health through:



Research



**Innovation** 



**Clinical Training** 



**Advocacy** 

## Motivation/Vision/Purpose (MVP)



\* An OhioGuidestone Initiative

The Institute of Family & Community Impact is OhioGuidestone's center of excellence for research, clinical training and innovation, and advocacy.



#### Motivation (M)

Our motivation is to enhance lives and build stronger communities for individuals at all stages of life through innovation, research and evaluation, professional training and development, and advocacy.



#### Vision (V)

We envision science and evidence-driven decision making by people, programs and policy makers that contribute to communities full of resilient and healthy children, families and adults with limited adversity and abundant positive and benevolent experiences.



#### Purpose (P)

Spread OhioGuidestone's Impact on whole person health by leveraging innovation, research, and advocacy to empower families and communities, and equip professionals.

## **Quick Fact Sheet**

Here are some interesting facts about the Institute (2017-2023):



Year we were established out of OhioGuidestone's strategic plans for growing our innovation and research.



**Community Members Served through Research & Innovation** 



Lifechanging innovations



**Trainings delivered** 



Institute Fellows and staff



**Publications** 

## Who We Are & What We Do



#### **Original Research**

At the Institute we conduct original research within the unique framework of a nonprofit agency providing direct services. We do research *with* and alongside our participants- never on!



#### **Clinical Innovations**

The Institute pioneers and develops clinical innovations to best serve client needs and advance mental health care in a variety of settings.



#### **Training & Professional Development**

We exercise our *US* & *WE* approach to communities by offering trainings that promote health and resiliency for clinicians, schools, and caregivers.



#### **Products**

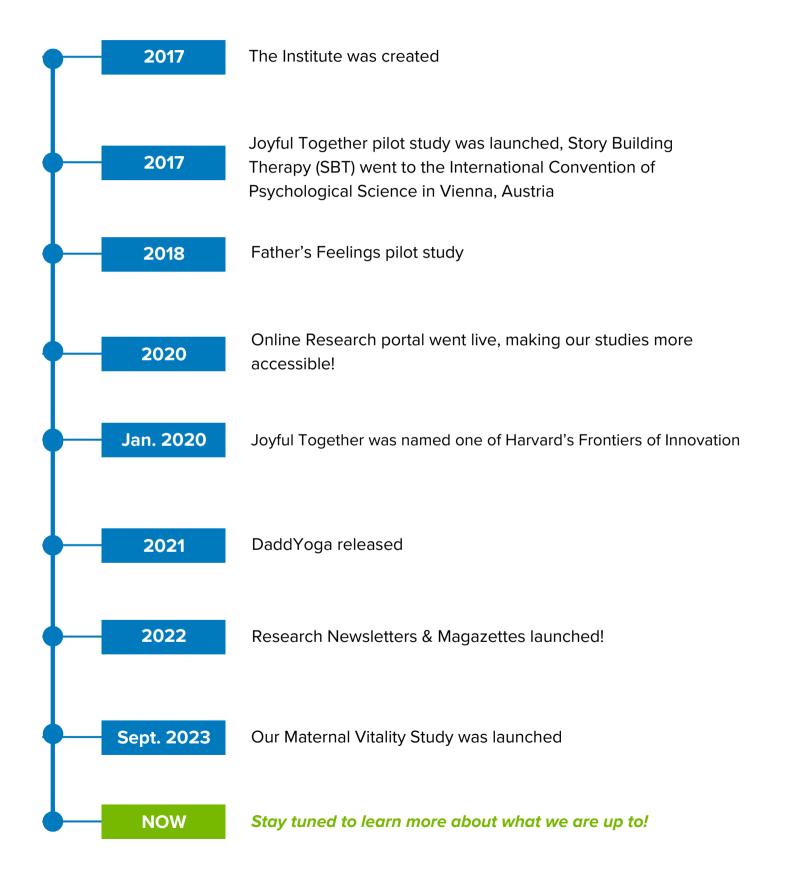
We publish products that give the best clinical tools to those in varying fields and share our vision, motivation and purpose with the world.



#### **Advocacy & Translating Science**

The Institute advocates policies for and with the people we serve and push for action consistent with our missio and *US* & *WE* vision. We are committed to translating science in an accessible and engaging manner to and for the public.

## **Significant Institute Moments**



## **Media Clips**





Double click to play media clips!



#### Watch: IFCI's Holli Ritzenthaler Highlights ACEs, Trauma Screening at...

IFCI fellow Holli Ritzenthaler, OhioGuidestone's Assistant Vice President of Community Counseling,...

& The Institute of Family & Community Impact / D...



'Building Resiliency' Summit



Ohio to get \$48 million to boost kindergarten readiness, expand quality early childhood education and training

A \$48 million Pre-School Development Grant - Birth to Five has been approved to help increase and ensure quality early childhood education and training.

A News 5 Cleveland WFWS/Ian 27, 2023



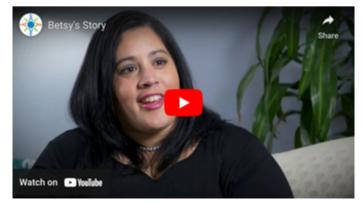
**News 5 Cleveland** 







Growing Up With Dr. Sarah: Joyful with OhioGuidestone





## **Testimony**

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We were very fortunate to stumble upon Joyful Together and participated in it at the beginning of 2021. After nearly a year of pandemic life with twin toddlers, we were feeling quite stir-crazy and it being winter, the timing was nothing short of perfect. Participation was a breeze, we simply completed the initial paperwork with the guidance from OhioGuidestone and were sent a digital copy of the Joyful Together Booklet.

The Booklet itself is completely self-explanatory, with activities sorted into sections based on the sensory input children receive from participating in them, and each activity explained very clearly. In our first session with a clinician shortly thereafter, we went over this in a little more detail and she provided us with great ideas for implementing the activities—and we even tried a few of them out right then and there.



Abby Rinehart,

Joyful Together participant

Joyful Together is very simply about adding easy to achieve and execute games and connections with your children to bring added joy into the home. And it delivers on that goal and then some in my opinion! With each meeting with the clinician, it became easier and easier to incorporate the fun games as we spent time together as a family.

Joyful Together truly brought little moments of added joy to our days when we needed them the most. It has also left a long-lasting impact in creating a culture of joy within our family unit. Finding ways to support families in simple but meaningful ways is so important right now. More and more lately the climate in homes is one of stress and disconnectedness created by overworked parents, busy kids, too much screen time, social media influences, and so many other external variables we can't control. Finding ways to cut through that and shift it to the positive is necessary and studies like this show it doesn't take much at all. It just takes time, creativity, and a lot of love to connect meaningfully as a family. These very easy and accessible ideas in Joyful Together take a sensory-based approach to meet children's basic needs of love and safety and give parents the tools to meet those needs with very little effort. It is something anyone can do and everyone should try.

### **Contact Us!**



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